

TWO WEEK FOOD HAMPER

PACK CONTENT*

INGREDIENT	PACK SIZE	QUANTITY
Kelloggs Rice Krispies	510gm	1
Milk Semi Skimmed UHT	1ltr	1
Penne Pasta	gms	500
Jacket Potato	each	4
Bread Loaf	1	1
Tinned Chopped tomatoes	2	2
Baked Beans	2	2
Cheese Spread Triangles	1	1
Cheese Portions	20gm	4
Tinned Tuna	185gm	2
Meadowland Spread	250gm	1
Carrot	each	2
Long life yogurt	100gm	6
Orange	each	2
Apple	each	2
Oaty Flapjack	each	2
Metcalfe's Skin Sweet & Salty Popcorn	each	2

*Pack content is subject to change

MEAL OPTIONS

- Jacket Potato & Beans
- Jacket Potato & Tuna
- Jacket Potato & Cheese
- Cheese Spread Sandwich
- Tuna Sandwich
- Cheese on Toast
- Baked Beans on Toast
- Tomato Pasta Bake
- Tuna Pasta Bake
- Carrot Sticks
- Fresh fruit or Yogurt
- Sweet Treat
- Breakfast Cereal

Recipe ideas will be provided in a digital or printed pack

NOTES

- Each hamper weights 9.05kg therefore split into 3 bags.
- Parents to be advised to bring own reusable bags if picking up from designated areas.
- All Allergen information provided on packaging
- Ingredients to produce a minimum of 10 lunch time dishes including a healthy dessert option each day
- Includes "sweet treats" above the 10 deserts